

2018 JULY



Sherwood House

Independent Retirement Living with Supportive Services

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Canada Day 01 Movie & Popcorn 1:30pm Canada Day BBO	02 Stat Holiday Movie & Popcorn 1:30pm	03 Exercises 10am Hearing Clinic with Connect Hearing 1:30pm	04 Crib 1:30pm	05 Exercises 10am Ice Cream Social with Mucky Boots String Band 2pm	16 Therapy Dog Society 10:30a Bingo 2pm	07 Scrabble 2pm		
08 Movie & Popcorn 1:30p	09 9am Music in the Park 2pm	10 Exercises 10am Rummy 1:45pm	11 Crib 1:30pm	12 Zumba Fitness 9:30am Silver and Gold Band 2pm	13 Bingo 2pm	14 Scrabble 2pm		
15 Movie & Popcorn 1:30pm	16 Friendly Visitors Walk 9am	17 Exercises 10am Rummy 1:45pm	18 Crib 1:30pm	19 Exercises 10am July Birthday Party with Bob Meikle 2pm	20 Therapy Dog Pinto 11am Bingo 2pm	21 Scrabble 2pm		
22 Movie & Popcorn 1:30pm	23 Friendly visitors walk 9am Music in the Park 2pm	24 Exercises 10am Brass, Wind and Rhythm Band 6:30pm	25 Crib 1:30pm	26 Exercises 10am Patio Party 2pm	27 Bingo 2pm	28 Scrabble 2pm		
29 Movie & Popcorn 1:30pm	30 Friendly Visitors Walk 9am Music in the Park 2pm Cow Valley Community Band 6:30pm	31 Exercises 10am Ice Tea on the Patio 2pm	NOTES:					