








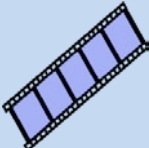


















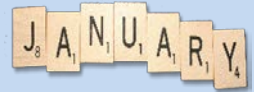





Sherwood House

Independent Retirement Living with Supportive Services

January 2017

280 Government Street,
Duncan BC V9L 0B5
Telephone: (250) 737-1458
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day  Movie 2pm	2  Christmas Pack Up 9a	3  Exercises 10am	4  Crib & 31 2pm Happy Hour 3:30pm	5  Exercises 10am Ice Cream Social with Alf 2pm	6 Epiphany  Therapy Dog Visit 10:30am Bingo 2pm	7 Orthodox Christmas  Scrabble 2pm
8  Movie 2pm	9  Therapy Dog Visit 11a	10  Exercises 10am	11  Crib & 31 2pm Happy Hour 3:30pm	12  Exercises 10am Cliff Marcill 2pm	13  Bingo 2pm	14  Scrabble 2pm
15  Movie 1:30pm Sing-a-long with Joan Songhurst 3:30p	16  Harp & Flute with Marg & Patti 6:30pm	17  Exercises 10am Silver & Gold Band 2p	18  Crib & 31 2pm Happy Hour 3:30pm	19  Exercises 10am	20  Bingo 2pm	21  Sunshine Singers 2pm
22  Movie 2pm	23  Therapy Dog Visit 11a	24  Exercises 10am	25  Crib & 31 2pm Happy Hour 3:30pm Robbie Burns Day Special Dinner	26  Exercises 10am January Birthday Party w/ Brian & Cate 2pm	27  Valley Sr's Choir 2pm	28 Chinese New Year  Scrabble 2pm
29  Movie 2pm	30  Spelling Bee 2pm	31  Exercises 10am				