





September 2019



Sherwood House
Independent Retirement Living with Supportive Services

October '19						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  1:30 Movie & Popcorn	2  Labour Day Stat Holiday Special Bbq Dinner 2:00 Stitch & Chat	3  10:00 Chair Exercises 1:45 Rummy	4  1:30 Crib	5  10:00 Chair Exercises 2:00 Ice Cream Social with Bob Ould Jazz Combo	6  10:30 & 11:00 Therapy Dogs 2:00 Bingo	7  2:00 Scrabble
8  1:30 Movie & Popcorn	9  10:30 Resident Meeting 2:00 Stich & Chat	10  10:00 Chair Exercises 1:45 Rummy 1:30 Connect Hearing Clinic	11  1:30 Crib	12  10:00 Chair Exercises 2:00 Birthday Party with Bob Meikle	13  2:00 Bingo	14  2:00 Entertainment with K-Tones
15  1:30 Movie & Popcorn	16  10:30 Resident Meeting 2:00 Stitch & Chat	17  10:00 Groove Exercises 1:45 Rummy	18  1:30 Crib	19  10:00 Chair Exercises 1:00 - 3:00 "Sweet Soles" with Nicole	20  11:00 Therapy Dog Pinto 3:00 Lake Cowichan Tenors	21  2:00 Sunshine Singers
22  1:30 Movie & Popcorn	23  First Day of FALL HUG DAY 2:00 Stitch & Chat	24  10:00 Groove Exercises 1:45 Rummy	25  1:30 Crib	26  9:30 Zumba Fitness 2:00 Silver & Gold 3:00 Dominoes	27  2:00 VSO Choir	28  2:00 Bingo
29  1:30 Movie & Popcorn	30  2:00 Stitch & Chat	1	2	3	4	5
6	7	Notes	 280 Government Street, Duncan BC V9L 0B5 Telephone: (250) 737-1458 Facsimile: (250) 737-1459 info@sherwood-house.com			