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Sherwood House
Independent Retirement Living with Supportive Services

November '19						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1  10am Groove Exercises 1:45 Rummy	2  1:30 Crib	3  10am Chair Exercises 2:00 Ice Cream Social with Brian & Cate	4  11:00 Therapy Dog Pinto 2:00 Bingo 3:00 Therapy Dog Percy	5  2:00 Scrabble
6  1:30 Movie & Popcorn	7  2:00 Show & Tell 3:00 Stitch & Chat	8  10am Chair Exercises 11:00 Harmonica Band 2:00 The Encores	9  1:30 Crib	10  10am Chair Exercises 2:00 Oktoberfest with Nick 3:00 Dominoes	11  2:00 Bingo	12  2:00 Scrabble
13  1:30 Movie & Popcorn	14  Happy Thanksgiving Special Dinner 2:00 Stitch & Chat	15  10am Chair Exercises 1:45 Rummy	16  1:30 Crib	17  10am Chair Exercises 2:00 Heartsong Singers 3:00 Dominoes	18  11:00 Therapy Dog Pinto 2:00 Bingo	19  2:00 Sunshine Singers 3:00 Scrabble
20  1:30 Movie & Popcorn	21  2:00 Stitch & Chat	22  10am Chair Exercises 1:45 Rummy	23  1:30 Crib	24  10am Chair Exercises 2:00 Birthday Party 3:00 Dominoes	25  2:00 VSO Choir	26  2:00 Bingo 3:00 Scrabble
27  1:30 Movie & Popcorn	28  2:00 Stitch & Chat	29  10am Chair Exercises 1:45 Rummy	30  1:30 Crib	31  9:30 Zumba Fitness 2:00 Halloween Party with Alf Carter Band	1	2
3	4	Notes				280 Government Street, Duncan BC V9L 0B5 Telephone: (250) 737-1458 Facsimile: (250) 737-1459 info@sherwood-house.com