

November 2019



Sherwood House
Independent Retirement Living with Supportive Services

December '19						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 Dog Therapy 11:00 Therapy Dogs 2:00 Bingo	2 Scrabble 2:00 Scrabble
3 1:30 Movie & Popcorn Daylight Savings Time Ends	4 10:30 Resident Meeting 2:00 Stitch & Chat	5 2:00 Show & Tell 10:00 Chair Exercises 1:45 Rummy	6 1:30 Crib	7 9:30 Zumba Fitness 2:00 Ice Cream Social with Brian & Cate	8 Pyjama Day 2:00 Bingo	9 Scrabble 2:00 Scrabble
10 1:30 Movie & Popcorn	11 Remembrance Day 2:00 Stitch & Chat	12 10:00 Chair Exercises 1:45 Rummy	13 1:30 Crib	14 9:30 Zumba Fitness 2:00 Autoharp with Gillian	15 Dog Therapy 11:00 Therapy Dog Pinto 11:00 Treefrog Shopping 2:00 Bingo	16 2:30 Sunshine Singers
17 1:30 Movie & Popcorn	18 1:00 Bags by WellSpring 2:00 Stitch & Chat	19 10:00 Chair Exercises 1:45 Rummy	20 1:30 Crib	21 9:30 Zumba Fitness 2:00 Birthday Party with Silver & Gold	22 10:30 Stitchers Sale 2:00 VSO Choir	23 BINGO 2:00 Bingo 3:00 Scrabble
24 1:30 Movie & Popcorn	25 2:00 Stitch & Chat 6:30 Cowichan Valley Community Band	26 10:00 Chair Exercises 1:45 Rummy	27 1:30 Crib	28 2:00 Wine & Cheese with Bob Meikle	29 11:00 Therapy Dog Pinto 2:00 Bingo	30 Scrabble 2:00 Scrabble
1	2	Notes	<p>280 Government Street, Duncan BC V9L 0B5 Telephone: (250) 737-1458 Facsimile: (250) 737-1459 info@sherwood-house.com</p>			