
































January 2020



Sherwood House
Independent Retirement Living with Supportive Services

February '20						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
29	30	31	1  HAPPY NEW YEAR Special Dinner NEW YEAR'S DAY	2  9am Pack up Christmas 9:30 Zumba Fitness	3  Dog Therapy 11:00 Therapy Dogs 2:00 Bingo	4  2:00 Scrabble	
5  1:30 Movie & Popcorn	6  2:00 Craft & Chat	7  10:00 Chair Exercises	8  1:30 Crib	9  9:30 Zumba Fitness 2:00 Bob Meikle	10  2:00 Bingo	11  2:30 Sunshine Singers 3:00 Scrabble	
12  1:30 Movie & Popcorn	13 10:30 Resident Meeting 2:00 Craft & Chat	14  10:00 Chair Exercises	15  1:30 Crib	16  Pyjama Day 9:30 Zumba Fitness 2:00 Heartsong Singers	17  2:00 Bingo	18  2:00 100th Birthday Party 3:00 Scrabble	
19  1:30 Movie & Popcorn	20  2:00 Show & Tell 3:00 Craft & Chat	21  10:00 Chair Exercises	22  1:30 Crib	23  9:30 Zumba Fitness 2:00 Jose Henrique	24  2:00 Bingo	25  Chinese New Year 2:00 Scrabble	
26  1:30 Movie & Popcorn	27  2:00 Craft & Chat	28  10:00 Chair Exercises	29  1:30 Crib	30  9:30 Zumba Fitness 2:00 Entertainment	31  2:00 Bingo	1	
2	3	Notes				 <p>280 Government Street, Duncan BC V9L 0B5 Telephone: (250) 737-1458 Facsimile: (250) 737-1459 info@sherwood-house.com</p>	