































February 2020



Sherwood House
Independent Retirement Living with Supportive Services

March '20						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1  2:00 Scrabble
2  1:30 Movie & Popcorn	3  2:00 Craft & Chat	4  10:00 Chair Exercises 1:45 Rummy	5  1:30 Crib	6  9:30 Zumba Fitness 2:00 Ice Cream Social	7  10:30 Therapy Dog Percy 2:00 Bingo	8  2:00 Scrabble
9  1:30 Movie & Popcorn	10  2:00 Craft & Chat	11  10:00 Chair Exercises 11:00 Harmonica Band 1:45 Rummy	12  1:30 Crib	13  9:30 Zumba Fitness 2:00 Bingo	14  11:00 Therapy Dog Pinto 3:00 The 4 Tenors HAPPY VALENTINE'S DAY	15  2:30 Sunshine Singers
16  1:30 Movie & Popcorn	17  2:00 Craft & Chat FAMILY DAY - STAT	18  10:00 Chair Exercises 1:45 Rummy	19  1:30 Crib	20  9:30 Zumba Fitness 2:00 Birthday Party with Brian & Cate	21  2:00 Bingo	22  2:00 Scrabble
23  1:30 Movie & Popcorn	24  2:00 Craft & Chat	25  10:00 Chair Exercises 1:45 Rummy	26  1:30 Crib	27  9:30 Zumba Fitness 2:00 HeartSong Singers	28  11:00 Therapy Dog Pinto 2:00 Bingo	29  Happy Leap Year 2:00 Scrabble
1	2	Notes	 <p>280 Government Street, Duncan BC V9L 0B5 Telephone: (250) 737-1458 Facsimile: (250) 737-1459 info@sherwood-house.com</p>			