

March 2020



Sherwood House
Independent Retirement Living with Supportive Services

April '20						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30 Movie & Popcorn	2 2:00 Craft & Chat	3 10am Exercises 2:00 Entertainment	4 1:30 Crib	5 9:30 Zumba Fitness 2:00 Ice Cream Social	6 2:00 Bingo	7 2:00 K Tones 3:00 Scrabble
8 1:30 Movie & Popcorn Daylight Saving Begins	9 10:30 Resident Meeting 2:00 Craft & Chat	10 10am Exercises	11 1:30 Crib	12 9:30 Zumba Fitness 2:00 St. Patrick's D Party	13 11am Therapy Dog Pinto 2:00 Bingo	14 1:30 Documentary 3:00 Scrabble
15 1:30 Movie & Popcorn	16 2:00 Craft & Chat	17 10am Exercises ST. PATRICK'S DAY	18 1:30 Crib	19 9:30 Zumba Fitness 2:00 Birthday Party	20 11:00 Therapy Dog Percy 2:00 Bingo First Day Of Spring	21 2:30 Sunshine Singers
22 1:30 Movie & Popcorn	23 2:00 Craft & Chat	24 10am Exercises	25 1:30 Crib	26 9:30 Zumba Fitness 2:00 Drum Circle	27 11am Therapy Dog Pinto 1:30 VSO Choir	28 2:00 Bingo 3:00 Scrabble
29 1:30 Movie & Popcorn	30 2:00 Craft & Chat	31 10am Exercises	1	2	3	4
5	6	Notes	280 Government Street, Duncan BC V9L 0B5 Telephone: (250) 737-1458 Facsimile: (250) 737-1459 info@sherwood-house.com			